

**Combat Fat for Kids: The Complete Plan for Family Fitness, Nutrition, and Health**



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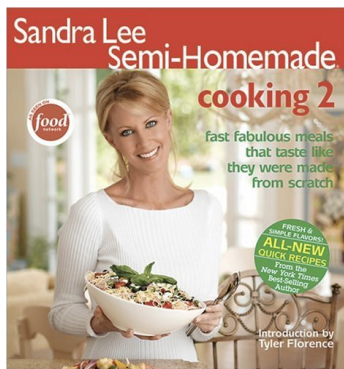
**Combat Fat for Kids: The Complete Plan for Family Fitness, Nutrition, and Health**

Childhood obesity is a growing and worrying epidemic in our country. Kids these days are not getting the appropriate foods and healthy activity they need. They are bombarded constantly by marketers selling them on highly processed snacks, drinks, and junk food and they've become the victims of isolating technology which only enables them to stay at home instead of going outside to play. Combat Fat for Kids offers an alternative plan of action for parents to help their children become more aware of good decisions and initiate solid solutions to improve the health of the entire family and beat this deadly disease. Written by acclaimed fitness expert James Villepigue and noted health wr



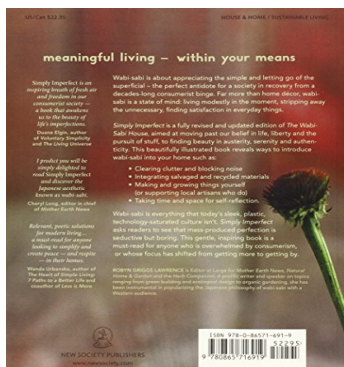
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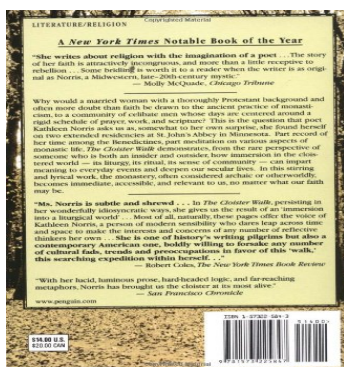
### Semi-Homemade Cooking 2

Fabulous family-friendly recipes for every palate and mood, created from an inspired pairing of fresh and convenience products. Recipes feature the best of Italian, Asian, and Latin American cuisine, barbecue favorites, comfort food classics, slow cooker creations, everyday dinners, and special occ



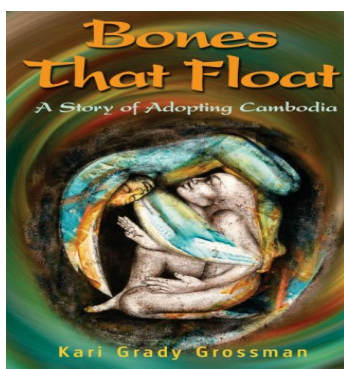
### Simply Imperfect: Revisiting the Wabi-Sabi House

Wabi-sabi is about appreciating the simple and letting go of the superficial; the perfect antidote for a society in recovery from a decades-long consumerist binge. In 2004 The Wabi-Sabi House helped popularize this ancient Japanese philosophy in North America. Simply Imperfect is a fully revise



### The Cloister Walk

A New York Times bestseller for 23 weeks A New York Times Notable Book of the Year "A strange and beautiful book...Part memoir, part meditation, it is a remarkable piece of writing." -The Boston Globe "The Cloister Walk is a new opportunity to discover a remarkable writer with a huge, wise heart...No



### Bones That Float, A Story of Adopting Cambodia

2008 Awards for Bones That Float: Independent Publisher "IPPY" Outstanding Book of the Year - PEACEMAKER OF THE YEAR

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